

Region 4 Training & Development Conference
INNOVATE, COLLABORATE & MOTIVATE:
Empowering the Champions of Virginia's Public Health System
 August 21st or 22nd, 2024
 WESTIN- Richmond, VA

8:00A- 9:00A	Continental Breakfast					
8:30A- 4:30P	Registration, Regional Program exhibits open					
9:00A- 9:15A	Emcee- Jada Overton, LCSW					
	Welcome and Opening Remarks – Amy Erb, MSW, Senior Director, Region 4 Programs					
9:15A- 10:15A	Keynote Speaker – Nidhi Tewari, LCSW					
10:15A- 10:30A	Break					
10:30A- 12:00P	The Science of Resilience <i>Nidhi Tewari, LCSW</i>	Simple Language Changes to support Trauma Informed Care <i>Karen Grabowski, LPC</i>	Veteran Peer Support <i>Michael Wagnor and Jamie Staten, Veteran Peer Specialists with Virginia Department of Veterans Services</i>	Creating a Foundation of Psychological Safety and Wellness: Empowering Virginia's Public Behavioral Health Champions <i>Camica Credle, Credle Consulting, LLC</i>	Understanding the Dynamics of Cyberbullying Technology and our Youth with Disabilities <i>Tina Norris, Family Engagement Specialist with PEATC</i>	
12:00P- 1:30P	Buffet Lunch					
1:30P- 3:00P	Resolving Ethical Dilemmas: Using the ETHICS- A Decision-Making Tool <i>Amber Vernon, PsyD, LCP</i>	Managing Misbehavior: Strategies to help kids listen and follow directions <i>Laura Bullock, LCSW, PCIT Within Agency Trainer Certified Therapist / Brittany Zúñiga Fulton, LCSW, Youth and Family Clinician, PCIT Certified Therapist</i>	Peer Support in The Workplace and Avoiding Peer Drift <i>Kim Boyd, MS, CSAC, CPRS, QMHP</i>	Rebuilding Bonds: Nurturing Connection After Trauma <i>Keith Cartwright, Adverse Childhood Experiences Coordinator</i>	Military & Veteran Cultural Competence <i>Jessica Bolger, PsyD</i>	
3:00P- 3:30P	Break (Snacks/Soda)					
3:30P- 5:00P	Holding Healthy Boundaries <i>Anna Czaplicki Ryan, LPC</i>	Working the Front Line: Strategies for Treating Community Trauma <i>Dr. A'tasha Christian</i>	Collaborating to Serve Clients Found Not Guilty by Reason of Insanity or Incompetent to Stand Trial <i>Amber Vernon, PsyD, LCP Jennifer Matovich, PsyD, LCP Deborah Cooper, PhD, LCP Lorraine Golding, LCSW, LMHP Nikita Dailey, MS, Resident in Counseling Setera Stevens, LPC, CPSC, CSAC Supervisor Shannon Mines-Bland, LPC, CPSC Maggie Jacobsohn, BS, QMHP-A</i>	Empowering Youth and Families Through Peer Support <i>Cristy Corbin, CPRS, HFW-FSP Charlotte Talley, CPRS, HFW-FSP, PPSP Kathryn Shackelford, R-CPRS, HFW-YSP</i>	Assessment of Behavior and Mental Health Conditions for Persons with IDD <i>V. J. Petillo, MS/PBSF</i>	Providing Affirmative Mental Health Care to LGBTQIA+ Clients <i>Elizabeth Chassey, LPC</i>