



# Children's Crisis Services

CREST provides community-based mental health crisis response for youth who do not require acute hospitalization or are stepping down from inpatient care. CREST provides community-based counseling, crisis prevention & intervention, and linkage to ongoing services.

**Qualifications:**

- Youth 5-18 who are experiencing an acute crisis which is currently disrupting their life functioning
- No insurance requirements to qualify for services
- Must be a current resident of Region 4
- Cannot be receiving Intensive In-Home Services

Referral Line: 844-729-6954

E-mail: [CREST@rbha.org](mailto:CREST@rbha.org) Fax: 804-819-4262



REACH is a short-term crisis prevention, intervention and stabilization program for children and adults who have Intellectual and/or Developmental Disabilities, as well as behavioral health concerns that are negatively impacting quality of life. REACH provides 24/7/365 mobile crisis response, multidisciplinary team consultation, residential crisis stabilization, mobile crisis stabilization services and outpatient psychotherapy. The program now provides crisis diversion services for adults who are suspected to have I/DD but who do not have a substantiated diagnosis.

**Qualifications:**

- Individuals of all ages
- Intellectual or developmental disability AND co-occurring mental health or behavioral challenges
- No insurance requirements for service delivery

Crisis & Referral Line: 855-282-1006

Fax: 804-562-5135



The crisis stabilization unit is an in-patient Crisis Stabilization Service for children ages 5 to 17. Provides a safe, therapeutic environment designed to facilitate de-escalation and stabilization. Children and youth can stay in the CSU for up to 15 consecutive days.

**Qualifications (must meet two of the following):**

- Difficulty in maintaining normal interpersonal relationships to the point of risk of hospitalization, homelessness or isolation from social supports
- Difficulty in completing activities of daily living
- Exhibiting such inappropriate behavior that immediate interventions needed by mental health, social services or the judicial system
- Exhibiting difficulty in cognitive ability (unable to recognize personal danger or recognize significantly inappropriate social behavior)

Referral Line: 804-874-9119

Fax: 804-955-4240

For all other inquires: 804-955-4242.