



CRISIS RESPONSE & STABILIZATION TEAM

**A CALL
you can count
on !**

ABOUT US

CReST acts as a resource for children and adults who are in crisis and need help. With quick response and assistance connecting to ongoing services, CReST hopes to reduce the cycles of crisis and prevent the need for more intense care.

WHAT WE DO

- De-escalation and Crisis Resolution
- Warm hand-off and quick linkages
- Support provided until crisis is resolved
- Crisis Counseling, Peer Support, Individual/Family Therapy
- Psychiatry consultation available for youth

- Across the Lifespan
- In-Person Rapid Response
- No insurance Requirements
- Serving all of Region 4
- Working towards a cross trained team 24-7-365

In-Person

Response Available

- 8AM- Midnight
- 365 days a year

**REGION 4 MOBILE CRISIS
833-968-1800**

FAX: 804-819-4262 OR CREST@RBHA.ORG