

CRest is a regional program serving individuals living in Region 4 catchment area, which includes the following Community Service Board (CSB) service areas:

- Chesterfield CSB
- Richmond Behavioral Health Authority
- Hanover CSB
- Henrico CSB
- District 19 CSB
- Crossroads CSB
- Goochland/Powhatan CSB

Contact Us



804-819-4000



www.rbha.org



107 S. 5th Street
Richmond, VA 23219



Crisis Response
and
Stabilization Team



24|7|365
REGION 4 MOBILE CRISIS LINE
1-833-968-1800



CRest is a regional program, operated by RBHA

About CReST

24|7|365

Region 4 Mobile Crisis LINE

1-833-968-1800

CRISIS RESPONSE



The Region 4 Mobile Crisis Line is available 24|7|365.

In-person mental health clinician response is available 24 hours a day, 365 days a year.

When you call the Region 4 Mobile Crisis Line, you will speak with a mental health clinician who will determine the next step for safely moving forward in the response process. This may include immediate response by a clinician to the individual's home (Mobile Crisis Response), referral to the Crisis Stabilization component of CReST, or referral to a higher level of care such as hospitalization.

It's always our goal to try to keep individuals in the community or with the lowest level of care to keep everybody safe.

COMMUNITY CRISIS STABILIZATION



After receiving a referral, a CReST Clinician will contact the individual or family to further discuss the immediate crisis to be addressed and coordinate an Intake appointment. For the Intake appointment, CReST clinicians work to meet you as soon as possible at a time and location that works best for you – home, school, community, or office.

During the Intake appointment, the clinician will complete an assessment to better understand the current crisis, and the individual's needs. While the Crisis Stabilization component is designed to be short-term, the length of services will vary depending on need. While working with a stabilization clinician, participants will create a safety plan, treatment plan, and receive short-term crisis counseling. Individuals and/or families will meet with a clinician as needed until the crisis is resolved and/or the participant is connected with on-going services and resources.

CReST clinicians will ensure a warm hand-off to on-going treatment providers and confirm that on-going services have been initiated and are running smoothly before the case is closed with CReST.

- ▶ CReST is a clinical intervention program for children (kindergarten - age 18) and adults (age 18 & older) who are experiencing an acute behavioral health crisis.
- ▶ CReST is a short-term intervention designed to prevent the need for more intensive care (i.e., hospitalization) and reduce or stop cycles of crises.
- ▶ There is no insurance requirement and no out-of-pocket expense.

CReST Contact Info:

Region 4 Mobile Crisis Line

1-833-968-1800

crest@rbha.org

Fax 804-819-4262

